

ILC

Morning & Afternoon Snack Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M.	Cold Cereal Milk Juice	Bagels with Cream Cheese Milk Juice	Cold Cereal Milk Juice	Toast with Jelly Milk Juice	Pancakes with Syrup Milk Juice
P.M.	Ritz Crackers & Cheese Juice	Garlic Breadstick & Sauce Juice	Goldfish Crackers Juice	Cereal Trail Mix Milk	Applesauce Milk

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M.	Fruit Bar Milk Juice	Cold Cereal Milk Juice	French Toast with Syrup Milk Juice	Cold Cereal Milk Juice	Toast with Jelly Milk Juice
P.M.	Oranges (Mandarin Oranges for Toddlers) Milk	Graham Crackers Milk	Goldfish Crackers Juice	Assorted Crackers with Cheese Milk	Rice Cakes with Cream Cheese Milk

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M.	Cold Cereal Milk Juice	English Muffin with Jelly Milk Juice	Fruit Bar Milk Juice	Cold Cereal Milk Juice	Pancakes with Syrup Milk Juice
P.M.	Applesauce Milk	Triscuit Crackers with Cheese Juice	Fruit Milk	Mandarin Oranges Milk	Graham Crackers Milk

Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M.	French Toast with Syrup Milk Juice	Cold Cereal Milk Juice	Toast with Jelly Milk Juice	Bagels with Cream Cheese Milk Juice	Cold Cereal Milk Juice
P.M.	Wheat Thins and Salsa Juice	Mandarin Oranges Milk	Cheez It Crackers Juice	Assorted Crackers with Cheese Juice	Graham Crackers Milk

Updated 1/16/08